



**LEURA PUBLIC SCHOOL**  
Cnr Mount Hay Rd and Willow Park Ave  
Leura, 2780  
ph : 4784 1251 fax : 4784 3156  
email : [leura-p.school@det.nsw.edu.au](mailto:leura-p.school@det.nsw.edu.au)

*respect*

*responsibility*

*resilience*

13 May 2019

DISTRICT CROSS COUNTRY

Congratulations on your selection in the Leura Public School Cross Country Team!

The District Cross Country will be held:

**Date:** Friday 24 May 2019  
**Arrive:** 8.45 am  
**Location:** Park Avenue, Blackheath Pool Park  
**Transport:** Children are to make their own way to and from the venue.

**Upon arrival please report to Mrs Forrester** (our Team Manager).

Students are to wear running shoes, school sport shorts and a Leura Public School Representative shirt – this may be borrowed from the office prior to the day. Students should bring a towel or tarp to sit on, food for the day, plenty of drinking water, a hat and sunscreen.

You must return the attached permission slip by **Monday 20 May 2019**. If you cannot participate, please advise Mrs Forrester as soon as possible so a replacement runner can be organised.

In the case of wet weather, please call the office after 8.30am on the day to confirm whether the District Cross Country Carnival is still on. A wet weather date has been set for Friday 31 May 2019.

**The carnival program is attached.**

There will be a canteen operating on the day selling a variety of hot and cold food. Due to problems in the past, spectators are advised to not bring any dogs to the venue.

Yours faithfully,

P Forrester  
Organiser

E Berwick  
Principal

.....  
**DISTRICT CROSS COUNTRY – Friday 24<sup>th</sup> May 2019**

I give permission for my child ..... of class .....  
to attend the Upper Blue Mountains District Cross Country Carnival on Friday 24 May 2019 from  
9.00am till 1.30pm (or Friday 31 May 2019 if the weather is inclement on 24 May).

I understand that transport to and from the venue will be by private transport that I need to arrange.

Parent Name: .....

Date: .....

Parent Signature: .....



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## DISTRICT CROSS COUNTRY CARNIVAL

### **For your information:**

#### Order of Events:

- 9.00am – Walk the course.
- 9.45am – 8/9 years boys
- 10.05am – 8/9 years girls
- 10.25am – 10 years boys
- 10.45am – 10 years girls
- 11.05am – 11 years boys
- 11.35am – 11 years girls
- 12.05pm – 12 years boys
- 12.35pm – 12 years girls
- 1.15pm – Announcement of results & presentation



Please be aware that these times are estimates only.

#### PSSA race rules:

1. Suitable footwear must be worn by all competitors.
2. No tripping, pushing or interference with other competitors is allowed.
3. No competitor is to receive assistance or refreshments during the race.
4. Breaching the above rules will result in disqualification.

#### District Cross Country Guidelines for Students:

- Stay within your school area unless competing or moving to the toilet/canteen.
- Do not enter onto the track unless racing.
- At the end of your race, line up in finishing order as directed by officials.
- Remain in the finishing order until instructed to leave by officials.
- Any protests must be made through the team manager (Mrs Forrester).

