

Camp Guidelines and Rules

Students should be aware of these Guidelines

- Never leave camp or an activity without permission.
- All activities must be supervised by a teacher and instructor.
- Listen to and follow instructor's guidelines.
- Closed in shoes and hats should be worn at all times.
- Respect male & female areas; enter no room other than your own.
- Respect the natural environment, use bins provided, don't damage the bush.
- No pocket knives, glass, valuables, electronic equipment, or mobile phones are to be brought to camp.
- Do not approach, or attempt to pat the wildlife.
- All accidents / damage to equipment must be reported.
- Wilful damage will be paid for by the individual(s) responsible.
- Do not eat or drink in cabins or dorms.
- No chewing gum to be brought to camp.
- Respect others after lights out. There should be no need to leave your cabin or dorm after lights out.
- Each group is responsible for the ongoing cleanliness of their room.
- To avoid accidents please do not run around campsite areas.
- As a general rule, students will not be removed from activities as punishment. They may be given a 5 minute time out to reflect.
- Allocating extra duties or taking away free time may also be used as behaviour management strategies.
- We may exclude students whose behaviour could result in serious danger or distress to themselves or others. In extreme cases, after consultation with teachers, the parents / guardians may be contacted and the student's will be sent home.

Health, Safety and Medication

Teachers are to forward to us completed Special Needs Forms and Dietary Forms prior to coming to camp. Teachers are to bring the following forms with them when they attend camp, Medical and Consent Forms, Current medication requirement form and Parent or Guardian consent / Activity Restrictions forms.

Asthma

It is vital that parents / guardians of children who suffer from Asthma provide sufficient information or an Asthma Management Plan. This will enable team members / teachers to take appropriate action in the event of an Asthma attack.

Teachers will dispense any medication as required.

Camp team members have First Aid and Resuscitation certificates.

There is an onsite First Aid Room. For any accidents / sick students we have a Doctor in Kincumber (6 minutes). Nearest Hospital and Ambulance service is Gosford District Hospital (20 mins)



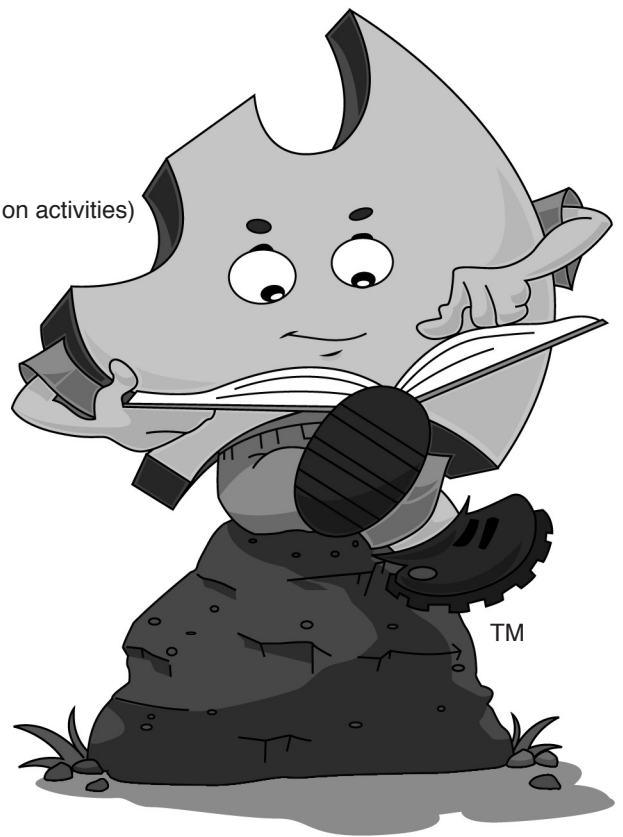
Gear Checklist - Children (Based on a 3 day camp)

PLEASE CLEARLY NAME ALL ITEMS

MEDICATION NEEDS TO BE GIVEN TO THE ORGANISING TEACHER

It is a good idea for students to pack their own bags so that they can re pack for the trip home.

- Water bottle
- Mug or Cup (used for morning/afternoon tea and supper)
- Raincoat (regardless of forecast)
- Hat or cap
- Sleeping bag (extra blanket in winter)
- Pillow
- Sunscreen
- 1 pair pyjamas (tracksuit in winter)
- Day pack (small backpack for water, sunscreen, etc)
- Torch (make sure it works before you leave home)
- Toiletries (including toothbrush!)
- Insect repellent
- 2 pairs of runners (1 old pair for water activities).
- Thongs - only for going to and from showers.
- 3 T-shirts needed, no singlet / tank tops / midriff tops (for safety on activities)
- 3 sets of underwear
- 3 pairs of shorts - NO MINI SHORTS (for safety on activities)
- 3 pairs of track pants
- 2 sloppy joes / windcheaters
- 3 pair socks
- Bath towel
- Beach Towel & swimmers
- Tissues / hankies
- Plastic bags for wet clothes / towels
- Optional - camera, money for souvenirs.



Souvenir Shop Price List / Order Form

Please feel free to use this form to pre order items from our souvenir shop. Your pre ordered items will be packaged together and distributed prior to your departure. Alternatively you may wish to visit the souvenir shop prior to departure to browse the shelves and make your purchase.

Souvenir	Price	Quantity	Total Price
Aussie Bush Camp Temporary Tattoo 2 for	\$1.00		
Aussie Bush Camp Magnet	\$2.00		
Aussie Bush Camp Lanyard	\$2.00		
Aussie Bush Camp Carabiner	\$5.00		
Aussie Bush Camp Drawstring Bag	\$2.00		
Aussie Bush Camp Drink Bottle	\$5.00		
Aussie Bush Camp Soft Toy Kangaroo	\$5.00		
Aussie Bush Camp Soft Toy Koala	\$5.00		
Aussie Bush Camp Character	\$8.00		
Aussie Bush Camp Crystal	\$8.00		
Boomarang	\$8.00		
Aussie Bush Camp Cap	\$10.00		
Souvenir bag 1:	\$10.00		
Drawstring Bag, Drink Bottle, Sticker & your choice of a <input type="checkbox"/> Cap or a <input type="checkbox"/> Small Boomerang			
TOTAL \$			

Student Name: _____

School: _____ Amount Given: \$ _____

(Must be exact amount - NO CHANGE WILL BE GIVEN)

If we are out of stock of any of the above a suitable replacement of equal value will be substituted.

Teachers Note: Pre Order Forms and / or money to be handed to management on arrival for safe keeping and preparation of pre ordered items.



Parent or Guardian Consent / Activity Restrictions

Name of School: _____ School Year: _____

All activities are instructed by highly trained team members, your child's teachers are also always present at activities and free time.

Please peruse the activity list included. Activities are planned with the age and ability of the students involved in mind. Time constraints may prevent students being able to do every activity listed, however if there are any activities that your child is not permitted to participate in, for medical or personal reasons, please inform your child and give details:

I agree to my child / children _____ participating in all the activities at The Great Aussie Bush Camp.

I understand that although The Great Aussie Bush Camp and its service providers attempt to minimise any risk of personal injury to my child, there is an inherent risk of personal injury in physical activities that will be undertaken as part of this program.

In the event of an emergency, and I am unable to be contacted, I authorise my child receiving such medical treatment that is deemed necessary. I also undertake to cover any costs that may be incurred with any medical treatment received, ambulance transport and medication while my child is at The Great Aussie Bush Camp.

Full Name of Parent Guardian: _____ Date: ____ / ____ / ____

Signature: _____

Media Consent

(Cross out whichever does not apply)

I agree / I do not agree to allow The Great Aussie Bush Camp to use any photographs, sound and film recordings taken of my child while they are at camp, for the promotion of this facility in the media and advertising programs.

Full Name of Parent Guardian: _____ Date: ____ / ____ / ____

Signature: _____



Current Medication / Dietary Requirements

School: _____ Student Name: _____

Time and Dosage - Please specify exact time of medication

Medication Name	Breakfast		Lunch		Dinner		Other	
	Time	Dose	Time	Dose	Time	Dose	Time	Dose

Regulations require that all medication must be provided in the original container / packaging
Teachers will collect & administer all medication.

Has your child suffered from any Acute Illness in the past four months? If yes, details.	Yes	No
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Has your child been treated by a doctor in the past four weeks? If yes, please attach a medical certificate outlining treatment, and stating that the child is fit to attend camp.	Yes	No
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Has your child had any major surgery? If yes, please specify.	Yes	No
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Is your child's Immunisation up to date, including tetanus? If yes, what year was the last booster given?	Yes	No
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Does your child wet the bed?	Yes	No
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Does your child sleep walk?	Yes	No
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Do you give permission for Panadol to be administered if required?	Yes	No
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Does your Child have any Dietary Requirements? If YES please specify:	Yes	No
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Water or Swimming Activities:

In relation to any proposed water or swimming activities, my child: Name: _____

(Please tick ✓ one:)

STRONG SWIMMER

AVERAGE SWIMMER

POOR SWIMMER

NON-SWIMMER

