

# LEURA PUBLIC SCHOOL

Cnr Mount Hay Rd and Willow Park Ave Leura, 2780

ph: 4784 1251 fax: 4784 3156 email: leura-p.school@det.nsw.edu.au

respect responsibility resilience

11 May 2021

### **ZONE CROSS COUNTRY**

Congratulations on your placement in the Leura Public School Cross Country team!

Zone Cross Country Carnival:

**Date:** Friday 21st May 2021

Arrival: 8.45am

**Location:** Blackheath Pool Park, Park Avenue, Blackheath

**Transport:** Participants are to arrange private transport to and from the venue

Students should wear running shoes, school sport shorts and a Leura Public School Representative shirt which can be borrowed from the office prior to the day. Students should bring a towel or tarp to sit on, food for the day, plenty of drinking water, a hat and sunscreen. There will be a canteen operating on the day selling a variety of hot and cold food. Spectators are welcome but are advised not to bring any dogs to the venue and to follow appropriate Covid Safety guidelines.

Upon arrival students should report to Mrs Ptolemy who will be the team manager for the day.

Please return the attached permission slip to school by **Monday 17**<sup>th</sup> **May 2021**. If you cannot participate in the event, please advise **Mrs Rhodes** as soon as possible so a replacement runner can be organised.

In the case of wet weather, a message will be posted on Skoolbag or you may call the office after 8.30am on the day to confirm whether the Carnival is still on. A wet weather date has been set for Tuesday 25<sup>th</sup> May 2021.

Mrs V Rhodes
Organiser
Principal

ZONE CROSS COUNTRY - Friday 21st May 2021

I give permission for my child of attend the Upper Blue Mountains Zone Cross Country Carnival on Friday 21st May 2021 from 8.45am - 1.30pm (or Tuesday 25th May 2021 if the weather is inclement or the grounds unsuitable for running).

I understand that I need to arrange private transport for my child to and from the venue.

Parent Name:
Date:



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#### ZONE CROSS COUNTRY CARNIVAL PROGRAM

Please note this may be subject to change on the day so please arrive promptly at 8.45am.

## Order of Events:

- 9.00am Walk the course.
- 9.45am 8/9 years boys
- 10.05am 8/9 years girls
- 10.25am 10 years boys
- 10.45am 10 years girls
- 11.05am 11 years boys
- 11.35am 11 years girls
- 12.05pm 12 years boys
- 12.35pm 12 years girls
- 1.15pm Announcement of results & presentation

Please be aware that these times are estimates only.

# PSSA race rules:

- 1. Suitable footwear must be worn by all competitors.
- 2. No tripping, pushing or interference with other competitors is allowed.
- 3. No competitor is to receive assistance or refreshments during the race.
- 4. Breaching the above rules will result in disqualification.

## Zone Cross Country Guidelines for students:

- 1. Stay within your school area unless competing or moving to the toilet/canteen.
- 2. Do not enter the track unless racing.
- 3. At the end of your race, line up in finishing order as directed by officials.
- 4. Remain in the finishing order until instructed to leave by officials.
- 5. Any protests must be made through the team manager.



