

Canteen Menu 2020 – Term 4

Canteen is back for Term 4! We're open at lunchtime and recess on Fridays only.
The new and limited Summer menu can be found on the reverse side of this handout.

We continue to provide Weekly Hot Food Specials such as Fried Rice, Pasta, Burgers, Chicken Tenders and the ever popular Sushi! Don't forget to check Skoolbag for the Weekly Special announcement.



There will be no over-the-counter service, therefore all Canteen orders must be ordered online through **Quickcliq** (www.quickcliq.com.au), unless you have a Volunteer Voucher to use. In these cases, please drop in your paper order to the Office by **10am** on **Thursday** mornings. Include the correct monies as no change will be given.

If you need help with ordering on Quickcliq, contact us via the contact details provided below, or pick up a brochure from the school office. If you have an issue with a Quickcliq order, please contact them on **1300 11 66 37**. Please let us know if your child/ren will be absent on any Friday that you have placed an order, and we can hold it over to the next Friday, or make alternative arrangements.



We endeavour to provide foods that are allergy friendly. If you have any questions regarding ingredients of any of the products, please do not hesitate to contact us. We also welcome any comments or suggestions, queries or issues, and always welcome more volunteers to help with any aspect of the canteen.

We are proud to announce that as of 2019, our Canteen Menu was approved by the NSW Education Department's Healthy School Canteens Strategy. This means that our menu contains at least 75% of "Everyday" food and drink options. To find out more about the Healthy Canteens Strategy, visit:

<http://healthyschoolcanteens.nsw.gov.au/>



We will be open for Recess this term. You can order your Recess items through Quickcliq at the same time as your Lunch items – just click on the Recess tab next to the Lunch tab. All Snacks and Drinks are available, as well as Quesadillas, Raisin Toast and other items.

CONTACT US

Email: lpspc.leuracanteen@gmail.com

Call or SMS: Vikki: 0420-859-290 Winnie: 0415-360-827

Alternatively, just pop into the Canteen on a Thursday morning or on Fridays to have a chat. No problem is too big or too small. We're always ready to help!



We are committed to ensuring that the Canteen is safe and COVID-19 free by cleaning and disinfecting regularly.
Please email us if you wish to obtain a copy of the LPS P&C Canteen COVID-19 Safety Plan.

ORDER ONLINE

<http://www.quickcliq.com.au>

LPS Canteen Menu

Term 4 2020 (Summer Menu)



✓ = Great Everyday Choice!

Snacks

Apple Slinky ✓	\$1.00
Grapes (fresh or frozen) ✓	ea \$0.50
Watermelon Wedge (fresh only) ✓	ea \$0.50
Fruit Salad Cup ✓	\$1.00
Fruit Salad Cup with Yoghurt	\$1.50
Anzac Biscuits	ea \$0.50
Grain Waves (Sour Cream & Chives only)	\$1.50
Ice Blocks (99% juice) ✓	\$1.00
Jelly Cup	\$1.00
Muffin Bites	ea \$0.20
(GF or dairy/egg free options available)	
Pikelets (2pcs, jam optional)	\$1.00
Popcorn (lightly salted)	\$0.50
SunRice Mini Bites Rice Snacks (GF) ✓	\$1.00
Raisin Toast (1 slice, buttered) ✓ *	\$1.00

Drinks

Plain Milk ✓	\$1.00
Milk & Sipaah Straw ✓	\$1.50
(assorted flavours – choose when ordering)	
Juice Popper	\$2.00
(assorted flavours – choose when ordering)	

Meal Deal ▲ \$5.00

Any Sandwich/Wrap + Popper + Fruit ✓

Sandwiches or Wraps ▲

Sandwich or Wrap ea \$3.00

Choose from a selection of fillings:

- Beetroot, Cucumber, Grated Carrot, Tomato, Lettuce
- Ham, Shredded Poached Chicken, Tuna
- Egg, Sliced Cheese
- Mayonnaise, Tomato/BBQ sauce

Plain Vegemite/Jam/Honey/Cheese ✓ ea \$2.00

Gluten Free Bread extra \$0.50

All Sandwiches made on Wholemeal bread unless requested on White or GF bread.

Weekly Hot Food ▲

Sausage Roll (egg free, GF available) \$3.00

Vegetarian Sausage Roll \$3.00

(egg free, but contains soy & dairy)

Tomato, BBQ or Soy Sauce ea \$0.20

Quesadilla Slices (2pcs) ✓ * \$2.00

Choose from Chicken/Avocado/Cheese, Cheese & Spinach, or Mild Salsa & Cheese.

Special Hot Food ▲

(different each week, check Skoolbag)

Sushi ✓ \$3.50

Choose from Chicken Teriyaki & Lettuce, Tuna & Avocado, Avocado & Cucumber

Burgers ✓ \$3.00

Meat or Vegetarian - choose salad add-ons
(GF buns available)

Pasta ✓

Napolitana, Bolognese or Plain Cheese

Little kid serve \$3.00

Big kid serve \$5.00

Fried Rice ✓

Veggie based, egg and ham optional

Little kid serve \$3.00

Big kid serve \$5.00

Chicken Tenders ✓

Served with seasoned rice

Little kid serve (2pcs) \$3.00

Big kid serve (5pcs) \$5.00

Please Note

- The LPS Canteen is open for lunch & recess on Fridays by pre-order only. **Orders must be received by 9.30am on Thursdays.**
- All Hot Food, Sandwiches and Muffin Bites are made in-house or home-made.
- Do you have a suggestion, comment, query or would like to help out? Drop us an email at lpssc.leuracanteen@gmail.com.
- A copy of our Covid Safety Plan can be emailed to you on request. Please send an email to lpssc.leuracanteen@gmail.com.

▲ = Lunch ONLY

* = Recess ONLY