



**LEURA PUBLIC SCHOOL**  
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*respect*

*responsibility*

*resilience*

Friday 18<sup>th</sup> February 2022

### **Medical Alert – Hand, Foot and Mouth Disease**

Dear Parent/Caregiver,

There has been a confirmed case of Hand, Foot and Mouth Disease in Stage 3.

The symptoms are mild illness, perhaps with a fever, upset tummy, blisters around the mouth and on hands and feet, and in mild cases raised red lumps. It can be spread person to person by poor hygiene from an infected person, saliva secretions from an infected person or by direct contact with blisters.

The best prevention is good hygiene such as washing hands after going to the toilet and sneezing or coughing into a tissue. Usually, no treatment is needed if infected, however paracetamol can relieve any pain or discomfort.

Children with Hand, Foot and Mouth Disease should be excluded from school until the blisters have dried.

Kind Regards,

Miss Kipp  
School Administrative Manager

Mrs Ptolemy  
Principal